

Dr. Jeffrey Cole
30140 Harper Ave. Suite 300
St. Clair Shores, MI 48082
Phone: (586) 415-6800

INSTRUCTIONS FOR YOUR JACKSON PRATT DRAIN

1. What is a Jackson Pratt Drain?

A Jackson Pratt Drain or JP Drain is also called a bulb syringe drain. This is a thin rubber tube put into your skin to remove the fluid from around the incision.

2. Why do I need a JP Drain?

The squeeze bulb at the end of the drain tube creates a gentle suction. This helps to remove the fluid around your incision faster. Dr. Cole has put the drain in as he expects a large amount of drainage from this area. The drain will help your incision heal faster. It may also help to prevent infection.

3. How to Empty the Jackson Pratt Drain:

1. Wash your hands and unpin the drain from your clothes.
2. Hold the drain with the stopper at the top.
3. Remove the stopper from the pouring spout and let the drain fill with air.
4. When the drain is fully expanded, read the amount of fluid in the drains by using the lines on the side of the drain.
5. Each line has a number next to it, 25, 50, 75ml, 100ml. This is the amount you will record on the drainage chart. If you cannot see the number, count the number of lines and record it on the chart as line 1, line 2, line 3 and so on.
6. Pour all of the liquid out into a paper cup.

Note: To prevent infection DO NOT let the spout or the top of the open drain Touch anything.

7. Now, use one hand to squeeze the sides of the bulb together. This will push all of the air out of the bulb. While keeping the bulb squeezed, use your other hand to put the stopper back into the spout. **Note:** Keeping the bulb squeezed together helps to remove drainage from under the skin.

8. Pin the drain back onto your clothes. This will help prevent the drain from being pulled out by mistake.

9. Write down the date, time and amount of drainage and bring this record to your first doctor's visit.

9. Discard the fluid into the toilet.

10. Wash your hands.

4. Are there any other specific instructions?

- Do not allow drainage tubing to kink or twist.
- Do not pull on tubing
- Do not squeeze the bulb if the plug is in place.

5. What if there is no drainage filling the bulb?

Although, Dr. Cole expects there to be drainage, it is not abnormal to have an “empty” bulb. The JP Drain is utilized as a safety measure. Not all wounds/incisions have large amounts of fluid collections as they are healing. Please be aware that you may not see any fluid. This does not mean your drain is malfunctioning.

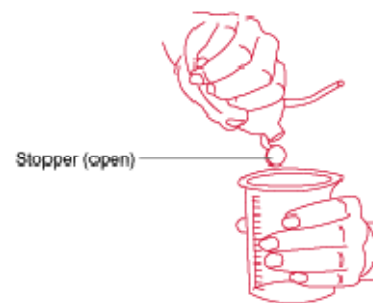
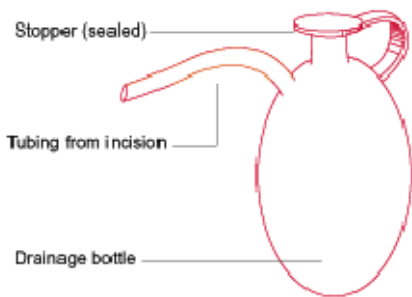


Figure 1. JP Drain Figure 2. Emptying your drain

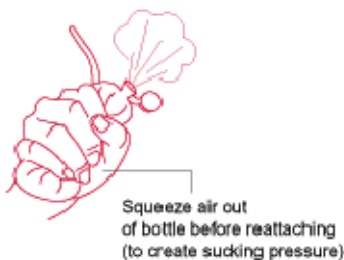


Figure 3. Squeeze all of the air from the bottle.

Figure 4. Additional pictures of you JP Drain

